Contact Us

Children and youth attending the Therapeutic After School Program can be referred by family, school, mental health providers, social services or a pastor. They must have a Medical Assistance Card.

1-888-324-0064

Serving Lancaster, Lebanon, York and Dauphin counties

The times during the day that your child will be in TAS will be coordinated with your school’s schedule.

WellSpan Philhaven is south central Pennsylvania’s most comprehensive behavioral health organization, serving Adams, Dauphin, Lancaster, Lebanon and York counties through 54 programs and 27 care locations. For 65 years, we have focused on treating the whole person – mind, body and soul. We offer services for all ages and various levels of care, including hospitalization, residential and day programs, outpatient counseling, and services in the home, school and community. WellSpan Philhaven is part of WellSpan Health, an integrated health system serving the region with more than 1,200 physicians and advanced practice clinicians, six respected hospitals, 15,000 employees and more than 130 care locations.

WELLSPAN PHILHAVEN
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Therapeutic After School Program

We believe that each child is unique and special and needs a positive and encouraging environment to thrive. At WellSpan Philhaven, we also desire that all children and adolescents have the opportunity to discover what hope, healing and wholeness can mean to them.

The Therapeutic After School Program was designed as a structured treatment program that provides evidenced-based therapeutic activities, individual goals and assignments, and group therapy. Groups consist of structured therapeutic sessions that incorporate teachable moments and opportunities for success through staff facilitation during therapy groups and prompts to use and generalize learned skills throughout the program day.

Children ages 5-14 years old who have a mental health diagnosis attend two to three days per week during the school year and up to five days per week over the summer months.

The Process

You as the caretaker, family member, or provider agency simply refer the prospective child or adolescent to WellSpan Philhaven. The child receives an evaluation, and an inter-agency team meeting is coordinated. A final determination and recommendation is made for the number of days the child will receive Therapeutic After School care.

Our Outcomes

Through the program, we will encourage children and adolescents to improve skills such as:

- Anger Management
- Coping Skills
- Impulse Control
- Problem Solving
- Self Esteem
- Feeling Identification
- Decision Making
- Emotional Regulation
- Social Interaction
- Creative Expression

Your Child’s Success

Your involvement is extremely important in your child or youth’s success, and we invite you to participate in family nights, open houses, team meetings and monthly reviews of progress. Some programs offer dinner, activities and special presentations during their family nights.