What is it?
• Toilet training offers behavioral assessment of toileting and correlated treatment.
• Only CADD staff members can refer clients to this service.
• Typically, three to five sessions will be held at CADD with an outpatient therapist.
• Each session will last approximately 45 minutes.

What will occur during the session?
• Information will be gathered regarding the client’s specific toileting challenges.
• Caregivers will be provided with a two-week toileting data tracking form to assess the client’s patterns and progress.
• The therapist will make recommendations to assist in toilet training.

Who should attend?
• Initially, parents or caregivers, though later sessions may include the client if indicated.

Client should attend sessions if:
• They are verbal and able to actively participate in assessment and treatment.
• They are stable and can handle discussion in detail of the presenting issue.