What is it?
- Groups focus on building social skills, addressing social anxiety and fostering peer relationships and interactions in a supported environment.
- Only CADD staff members can refer clients to this service.
- Groups are facilitated by an outpatient therapist at CADD.
- Weekly or biweekly sessions will last approximately 45 to 60 minutes.
- There are many groups at CADD serving various ages.

What will occur during the groups?
- Games and activities teaching many components of social skills
- Discussions focusing on challenges in peer interactions at school or other settings

Who should attend?
- Caregivers remain in waiting area while clients attend group.

Client should attend sessions if:
- A social skill deficit exists.
- Client desires to build friendships.
- They are verbal and able to actively participate in assessment and treatment.
- They are stable and can handle discussion in detail of the presenting issue.