What is it?
• A psychiatric care provider will carefully consider the strengths and needs of the patient to create a thorough plan of care, which may include emotional and behavioral support, medication management, education and collaboration with other care providers.
• While our providers do prescribe medication, we firmly believe that medications are only one component of care and are never considered as the only treatment approach.
• Psychiatric care is provided by a psychiatrist (MD), psychiatric/mental health nurse practitioner (CRNP), or physician assistant (PA).

What will occur?
The first appointment will be a psychiatric evaluation, which will last 40 to 60 minutes. The psychiatric care provider will collect biological, psychological and social information, complete a thorough assessment and recommend interventions with the intent of moving toward wellness.
• Follow-up appointments will last approximately 20 minutes and are an opportunity to share updated information since your last visit.
• Medications, side effects, effectiveness of medication and relevant labs and medical tests will be reviewed at every visit.

Who should attend?
• The client
• Family members, caregivers and community support staff involved in care

What should I bring?
• A list of all current prescribed medications, over the counter medicines and supplements
• Recent records of medical or mental health treatment that may include discharge summaries, aftercare instructions, behavioral data or lab and test results