ABA Adult Services

What is it?
- ABA Adult Services is a treatment program providing behavioral support in the home and day program settings for adults with autism or intellectual disability who have waivers funding.
- The services use intervention methods based on Applied Behavior Analysis (ABA). ABA is a discipline devoted to the understanding and improvement of human behavior. ABA provides structured programming to increase appropriate behaviors, decrease problematic behaviors and increase skills. Data is collected and analyzed to ensure treatment is effective.

What will occur during the course of treatment?
- Treatment starts with the completion of a Functional Behavioral Assessment (FBA). An FBA is completed to gather information on the individual’s behaviors and skills in order to make recommendations for treatment.
- Based on the results of the FBA, a Behavior Support Plan (BSP) and Crisis Intervention Plan (CIP) are developed and implemented.
- Training and continuous collaboration with the client, family and treatment team will occur throughout services.

Who is involved in treatment?
- Parents/Caregivers, who are a vital part of the treatment team
- BH/DS Supports Coordinator
- The CADD Behavior Specialist, who will develop a Behavior Support Plan (BSP) and guide treatment
- All other professionals or natural supports who are involved in the client’s care